

AUTISM SERVICES NOV-DEC FOUNDATIONAL SERVICES GUIDE 2024

Clinic
Appointments

Workshops

Family Support

Social Groups

Webinars



**PLEASE REGISTER ON LANSDOWNE'S WEBSITE FOR ALL PROGRAMS
AND EVENTS, CONTACT OUR FAMILY SUPPORT WORKERS, OR SCAN
THIS CODE**

Ely ext 268

emacdonald@lansdownecc.com



Chantel ext 327

clabute@lansdownecc.com

Family Support Workers:

Here to answer your questions, help you register for foundational services, and to assist with OAP paper work. We are just a call or email away.

Clinics:

Consultation appointments with Autism Therapists to discuss anything you need more support with, including toileting, social skills, emotional regulation or behaviour. Appointments can be on the phone, on zoom or in person. Call or email your FSW to book a clinic appointment.

November and December Groups



Social Groups

***Update to Social Groups: All Children need to be registered for group, unfortunately we cannot provide staff for extra participants who are not registered.**

***Some groups have changed dates please check the calendar!**

***Please talk to your family support worker if your child is at risk of elopement or aggression so we can support your child in a different way. Groups have a ratio of 3:1**

Once a Month Social Groups for Ages, Ages 7-9 and Ages 10-13

Check the calendar and website for times and to register.



Circle Time - 2-6 yr olds with Caregiver



Every Friday 10:30-12:00

****Circle time has been extended to age 6 and will now run for 1.5 hrs weekly**.** Join us for songs, stories and play time. This will be many children's first experience with this type of activity and that's what we're here for! Practice in a safe and inclusive environment with other children and caregivers.

Teen Social Group for ages 14-17

Once a month from 5:30-7:30 pm at Lansdowne. Laid back, safe hangout for teenagers with a diagnosis of Autism. Caregivers do not need to stay but teen must be able to participate in a group with a ratio of 3 teens to 1 staff.

Girl's Night Out for ages 12-17

Once a month from 5:30-7:30 pm at Lansdowne. New this Spring, this group is for teens who identify as girls only. We will alternate between free activities at Lansdowne and outings in the community which may have a cost associated.



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WWW.LANSDOWNECENTRE.CA
OR BY CONTACTING OUR FAMILY SUPPORT WORKERS**

NOVEMBER 2024




Intro to Autism Workshop

Virtual Workshop for Parents November 20th 8:00-9:00 pm Tune in to a virtual workshop to learn about Autism; The diagnosis, the difficulties, and the strengths. Perfect for parents of children with a new diagnosis, extended family that may have questions about the diagnosis, older siblings (teens) who may want to learn more about the diagnosis, and anyone else who is interested in Autism.

PD Day Crafternoon 1:00pm to 3:00pm

This is a registered PD Day group for children 10-13 to join some arts and craft activities for a few hours.

MON	TUE	WED	THU	FRI
				Registered Circle Time Group 10:30-12:00 ¹
4	5	6	7	8 Registered Circle Time Group 10:30-12:00
11	12 Registered Social Group 10-13 yr olds 4:30-6:30	13 Registered Social Group 7-9 yr olds 4:30-6:30	14	15 Registered Circle Time Group 10:30-12:00 Registered PD Day Crafternoon Group 10-13 yr olds 1:00-3:00
18 Parent Support Network Coffee and Chat 6:00 p.m. -8:00	19	20 Intro to Autism Workshop virtual 8:00pm-9:00pm	21 Registered Girl's Night Out Group 12-17 yr olds 5:30-7:30pm	22 Registered Circle Time Group 10:30-12:00
25	26 Registered Teen Group 14-17 yr olds 5:30-7:30pm	27	28	29 Registered Circle Time Group 10:30-12:00

DECEMBER 2024



Toileting Workshop- Virtual Workshop for Parents

December 10 8:00-9:00 pm

Tune in to a virtual workshop on the evening of December 10 to learn about toileting strategies based in ABA. Parents will have a chance to ask questions and brainstorm ideas for their individual children.

DIY Visuals Workshop

Come to Lansdowne to learn to make your own visuals including social stories, first then boards and more.

10:00-12:00, please register online.

Take an Make Craft Kits - premade craft kits to assemble and enjoy with your children over the holidays.



Please Note: Our 7-9's and 10-13's will have their caregivers with them this month for special activities and crafts at lansdowne Children's Centre. ★ ★

MON	TUE	WED	THU	FRI
2	3	4	5 DIY Visuals Workshop in person 10:00-12:00	6 Registered Circle Time Group 10:30-12:00
9 Holiday Activity Group with Caregivers 10-13yr olds 4:30-6:30	10 Toileting Workshop virtual 8:00pm-9:00pm Parent Support Network Coffee and Chat In person 6:00 p.m. - 8:00	11	12 Registered Girl's Night Out Group 12-17 yr olds 5:30-7:30pm	13 Registered Circle Time Group 10:30-12:00
16 Holiday Activity with Caregivers 7-9 yr olds 4:30-6:30	17 Registered Teen Group 14-17 yr olds 5:30-7:30pm	18	19 Take and Make Pick up at Lansdowne 9:00-4:00	20 Registered Circle Time Group 10:30-12:00
23	24	25 Holiday Lansdowne Closure	26 Holiday Lansdowne Closure	27 Holiday Lansdowne Closure
30 Holiday Lansdowne Closure	31 Holiday Lansdowne Closure			

