

AUTISM SERVICES FALL FOUNDATIONAL SERVICES GUIDE 2024

Clinic
Appointments

Workshops

Family Support

Social Groups

Webinars



PLEASE REGISTER ON LANSDOWNE'S WEBSITE FOR ALL PROGRAMS AND EVENTS OR BY CONTACTING OUR FAMILY SUPPORT WORKERS

Ely ext 268

emacdonald@lansdownecc.com

Chantel ext 327

clabute@lansdownecc.com

Family Support Workers:

Here to answer your questions, help you register for foundational services, and to assist with OAP paper work. We are just a call or email away.

Clinics:

Consultation appointments with Autism Therapists to discuss anything you need more support with, including toileting, social skills, emotional regulation or behaviour. Appointments can be on the phone, on zoom or in person. Call or email your FSW to book a clinic appointment.

Fall Groups



Social Groups



***Update to Social Groups: All Children need to be registered for group, unfortunately we cannot provide staff for extra participants who are not registered.**

***Some groups have changed dates please check the calender!**

***Please talk to your family support worker if your child is at risk of elopement or aggression so we can support your child in a different way. Groups have a ratio of 3:1**

Once a Month Social Groups for Ages 4-6, Ages 7-9 and Ages 10-13

Check the calender and website for times and to register.

NEW - PD day Crafternoon groups for 7-9 year olds



NEW - Music and Movement group for 4-6 year olds

Circle Time - 2-4 yr olds with Caregiver

Every Friday 11:00-12:00

Join us for songs, stories and play time. This will be many children's first experience with this type of activity and that's what we're here for! Practice in a safe and inclusive environment with other children and caregivers.

Teen Social Group for ages 14-17

Once a month from 5:30-7:30 pm at Lansdowne. Laid back, safe hangout for teenagers with a diagnosis of Autism. Caregivers do not need to stay but teen must be able to participate in a group with a ratio of 3 teens to 1 staff.

Girl's night out for ages 12-17

Once a month from 5:30-7:30 pm at Lansdowne. New this Spring, this group is for teens who identify as girls only. We will alternate between free activities at Lansdowne and outings in the community which may have a cost associated.

**PLEASE REGISTER FOR ALL PROGRAMS AND EVENTS ONLINE AT
WWW.LANSDOWNECENTRE.CA
OR BY CONTACTING OUR FAMILY SUPPORT WORKERS**

SEPTEMBER 2024

Toileting Workshop- Virtual Workshop for Parents

Sept. 11 8:00-9:00 pm

Tune in to a virtual workshop on the evening of September 11 to learn about toileting strategies based in ABA. Parents will have a chance to ask questions and brainstorm ideas for their individual children.

MON	TUE	WED	THU	FRI
2 Holiday	3 First Day of School	4	5	6 Registered Circle Time Group 11:00-12:00
9	10 Registered Social Group 10-13 yr olds 4:30-6:30	11 Toileting Workshop virtual 8:00pm-9:00pm	12 Registered Group 4-6 yr olds 2:00-4:00	13 Registered Circle Time Group 11:00-12:00 PD Day Registered Crafternoon Group 10-13 yr olds 1:00-3:00
16	17 Registered Social Group 7-9 yr olds 4:30-6:30	18	18 Parent Support Network Coffee and Chat In person .6:00 p.m. -8:00 Registered Girl's Night Out Group 12-17 yr olds 5:30-7:30pm	19 Registered Circle Time Group 11:00-12:00
23	24 Registered Teen Group 14-17 yr olds 5:30-7:30pm	25 Registered Music and movement Group 4-6 yr olds 4:30-6:30	26	27 Registered Circle Time Group 11:00-12:00
30 Holiday	31			

OCTOBER 2024

Intro to Autism Workshop

Virtual Workshop for Parents October 9th 8:00-9:00 pm Tune in to a virtual workshop on the evening of October 9 to learn about Autism; The diagnosis, the difficulties, and the strengths. Perfect for parents of children with a new diagnosis, extended family that may have questions about the diagnosis, older siblings (teens) who may want to learn more about the diagnosis, and anyone else who is interested in Autism.

Halls of Halloween Event Save the Date! Oct. 23

Info on Registration to come. The Halls of Halloween Event at Lansdowne is a great way for children to participate in a safe, inclusive and sensory friendly trick or treating. Kids and adults are welcome to come dressed in costume to practice for the "big night." Parents and kids have a chance to walk down the halls at Lansdowne, knock on doors and receive a treat at each door!

MON	TUE	WED	THU	FRI
	1	2	3	4 Registered Circle Time Group 11:00-12:00
7	8 PD Day Registered Crafternoon Group 7-9 yr olds 1:00-3:00	9 Intro to Autism Workshop virtual 8:00pm-9:00pm	10 Registered Group 4-6 yr olds 2:00-4:00	11 Registered Circle Time Group 11:00-12:00
14 Holiday	15 Registered Group 10-13yr olds 4:30-6:30	16 Registered Group 7-9 yr olds 4:30-6:30	17	18 Registered Circle Time Group 11:00-12:00
21 Parent Support Network Coffee and Chat In person 6:00 p.m. - 8:00	22	23 Halls of Halloween Event registered time slots for trick or treating	24 Registered Girl's Night Out Group 12-17 yr olds 5:30-7:30pm	25 Registered Circle Time Group 11:00-12:00
28	29 Registered Teen Group 14-17 yr olds 5:30-7:30pm	30 Registered music and movement evening Group 7-9 yr olds 4:30-6:30	31	