

0 - 36 months Parent Checklist

Check off the skills that your child is demonstrating on a consistent basis. If your child does not meet all the milestones for their age, we recommend that you complete a referral submission to SmartStart Hub at Lansdowne Children's Centre for an assessment. We can help.



Online Referral Form
LansdowneCentre.ca
or call 519.753.3153 ext.507

By 6 months your child should:

- o Turn towards sounds
- o Make different cries for different needs, e.g. tired, hungry
- o Smile and laugh in response to your smiles and laughs
- o Watch your face when you talk
- o Make different noises, e.g. coo, gurgle

By 9 months your child should:

- o Respond to his/her name
- o Understand "no"
- o Get what he/she wants by sound and gesture, e.g. reaching to be picked up
- o Play social games like 'peek-a-boo'
- o Babble and repeat sound, e.g. "babababa"
- o Enjoy being around people

By 12 months your child should:

- o Follow simple directions, e.g. sit down
- o Use at least three words
- o Babble using lots of different sounds
- o Shake head for "no"
- o Draws your attention to an object by using gestures or sound and looking at you, e.g. looks up to the sky and points to a bird and then looks back at you

By 18 months your child should:

- o Understand simple directions, e.g. "put your hat on" or "go get the doll"
- o Point to several body parts
- o Understand concepts like "in" or "off"
- o Engage in pretend play, e.g. giving a doll a drink
- o Use at least 20 words
- o Start to put two words together, e.g. "Mommy bye bye"
- o Make at least 4 different consonant sounds – b, n, d, g, w, h
- o Respond to yes/no and "wh" questions, e.g. "Do you want a drink?", "Where's the truck?"

By 24 months your child should:

- o Use at least 100 words
- o Consistently put two or more words together, e.g. "bubble go up"
- o Use at least two pronouns, e.g. "mine", "you"
- o Enjoy playing with other children and start to imitate them
- o Be understood 50% of the time by unfamiliar people
- o Follow two-step directions, e.g. "go get your car and put in the toy box"

By 30 months your child should:

- o Use more than 350 words
- o Say their name
- o Use some adult grammar, e.g. "two dogs", "baby's crying"
- o Consistently use 3-4 words in a sentence
- o Use action words (eat, jump) and pronouns (you, mine)
- o Understand concepts such as big/little, and prepositions such as in, off, under
- o Have complex play sequences, e.g. put blocks in a truck, drive it, then dump them
- o Produce 2-3 syllable words, e.g. ba-na-na
- o Take short turns with other children

By 36 months your child should:

- o Use sentence of 4-6 words with adult-like grammar
- o Be understood 75% of the time by everyone
- o Follow long, complex directions
- o Ask "wh" questions eg "what", "where"
- o Use adjectives for colour and size
- o Use "in" and "on" when asked "where" questions

Speech Language Pathologists (SLP)

- Provide assessment and treatment for children with communication delays or disorders.
- Communication includes speech, sound production, understanding and producing language and using language to interact with others.
- SLPs also provide assessment and treatment for children with feeding and/or swallowing concerns.
- Developmental milestones are skills that mark the progress of children as they learn to communicate.

Lansdowne Children's Centre is one of Ontario's 21 Children's Treatment Centres [CTCs] and a member of Empowered Kids Ontario (EKO).



Lansdowne provides services and support for over 3,000 children and youth and their families, annually.

Lansdowne provides help for communication, developmental and physical special needs.



Our service region includes Brantford, Brant, Haldimand and Norfolk counties, Six Nations of the Grand River and Mississaugas of the Credit First Nation.

Lansdowne Children's Centre in your community

BRANTFORD

CALEDONIA

DUNNVILLE

SIMCOE

Speech & Language Development 0-36 months



**Lansdowne**
Children's Centre

LansdowneCentre.ca
p 519.753.3153 x507